

## Swordplay LA Fencing Schedule • Call or Email to RSVP!

office@splafencing.com • 818-566-1777

919 W. Isabel St. Units A & B Burbank, CA 91506

Fencing Classes  • • • • • indicates blade level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Way of the Sword: Intro to Fencing Age 8 - 13	4:45 - 5:30 PM			4:45 - 5:30 PM		9:15 - 10:00 /
Beginner Kids Foil ● ● ●  Age 8-13		7:00 - 8:00 PM	5:00 - 6:00 PM	6:00 - 7:00 PM	7:00 - 8:00 PM	
Beginner Teen and Adult Épée   Age 13+		5:30 - 6:30 PM with Coach Dan		7:00 - 8:00 PM		
Beginner Teen and Adult Foil	7:00 - 8:00 PM	5:30 - 6:30 PM		7:00 - 8:00 PM		
Beginner Kids Sabre				6:00 - 7:00 PM		
Intermediate Adult Foil $ \blacksquare                                  $		8:00 - 9:00 PM			RECREATIONAL TRACK	
Intermediate Kids and Teens Foil					5:30 - 6:30 PM	10:00 - 11:00
Competitive Épée ● ● ● Age 12+	7:00 - 8:00 PM with Coach Dan				COMPETITIVE TRACK	
Competitive Foil $ \blacksquare                                  $	5:30 - 6:30 PM with Coach Mary					
Elite Foil ● ● ●  Y14/Cadet/Junior ( <u>Coach Approval Required)</u>	8:00 - 9:00 PM with Coach Mary		7:30 - 8:30 PM with Coach Mary			
114 / Cudet / Julior (Couch Approval Required)						
Mini Elite Foil ● ●  Y10/Y12 ( Coach Approval Required )			5:30 - 6:30 PM			
Mini Elite Foil ● ● ●			5:30 - 6:30 PM 5:30 - 6:30 PM			



Supplemental Training	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Speed, Agility, and Strength Development  Age 10-18 (All Levels)	6:30 - 7:00 PM		5:00 - 5:30 PM 7:00 - 7:30 PM		6:30 - 7:00 PM	
Elite Speed, Agility, and Strength Development Y14/Cadet/Junior			8:30 - 9:00 PM Elite Only			
Introduction to Weight Training for Athletes  Age 13+ (All Levels)	7:00 - 7:40 PM					
Armory 101 ● ● ● ● ● <i>Age 8+</i>	8:00 - 8:30 PM				6:30 - 7:00 PM	
Open Fencing	8:00 - 9:30 PM <b>Épée</b> (All Ages)		6:30 - 7:30 PM <b>Foil &amp; Épée</b> (Kids & Teens Only)	8:00 - 9:30 PM Foil & Épée (Adults & Elite Only)		11:00 AM - 12:00 F All Weapons (All Ages)
Other Fencing Classes	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lightsaber Combat Club		7:30 - 9:00 PM				
Fencing for Actors (\$5 SAG-AFTRA Discount)  Age 13+				8:00 - 9:00 PM		9:00 - 10:00 AM
Historical European Martial Arts (HEMA)  Age 13+				8:30 - 9:30 PM		12:00 - 1:00 PM
Fencing for Seniors (\$5 Senior Discount)  Age 60+						Available Upon Request
Parafencing (\$5 Senior Discount)  Age 60+						Available Upon Request
Monthly Game/Tournament/Fun Night		8:00 - 9:30 PM 1x per month				
Guild Hours - Open Floor for All Sword and Stunt Activity Age 18+						1:00 - 3:00 PM